

Quinton McDermott

Disclosure Brochure Supplement Part 2B, Form ADV

SPG Advisors LLC

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This brochure supplement provides information about Quinton McDermott and supplements the SPG Advisors LLC's brochure. You should have received a copy of that brochure. Please contact Mr. McDermott if you did not receive the brochure or if you have any questions about the contents of this supplement.

Additional information about Quinton McDermott (CRD# 6642163) is available on the SEC's website at www.adviserinfo.sec.gov.

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Item 2 - Educational Background and Business Experience

Quinton McDermott Year of birth: 1990

Educational Background:

Western Washington University; Bachelor of Science in Applied Mathematics; 2014

Business Experience:

- SPG Advisors LLC; Investment Advisor Representative; 04/2018 Present
- Sound Planning Group, Inc; Insurance Agent; 10/2017 Present
- Stevens Pass Mountain Resort, LLC; Ski Instructor; 12/2017 03/2019
- Penn Mutual Life Insurance Company; Insurance Agent; 02/2016 10/2017

Professional Designations:

- Certified National Social Security Advisor (NSSA®)¹
- Certified Financial Planner (CFP®)²
- Chartered Financial Consultant (ChFC®)3
- Registered Investment Advisor Representative (IAR)

Item 3 - Disciplinary Information

Criminal or Civil Action: None to report Administrative Proceeding: None to report Self-Regulatory Proceeding: None to report

Item 4 - Other Business Activities

Quinton McDermott is an insurance agent (License #916096) with Sound Planning Group, Inc and spends more than 50% of his time in this capacity. From time to time, he will offer clients products and/or services from these activities.

This practice presents a conflict of interest because it gives an incentive to recommend products and services based on the commission received. This conflict is mitigated by disclosures, procedures, and the firm's Fiduciary obligation to place the best interest first. The clients are informed that the advisor representative receives a commission on the sale of an insurance product that is paid directly by the insurance company and not from the client's insurance assets. The clients are not required to purchase any products or services. Clients have the option to purchase these products or services through the insurance agent or agency of their choosing, including those unaffiliated SPG Advisors LLC and Sound Planning Group, Inc.

Item 5 - Additional Compensation

Mr. McDermott receives additional compensation in his capacity as an insurance agent but he does not receive any performance based fees. He does not receive any additional compensation for performing advisory services other than what is disclosed in Item 5 of Part 2A.

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Item 6 - Supervision

Mr. McDermott is supervised by Justin Lohman, Chief Compliance Officer. Mr. Lohman reviews Mr. McDermott's work through client account reviews, quarterly personal transaction reports as well as face-to-face and phone interactions.

Justin Lohman can be reached by telephone at 425-821-9442 or by email at justin@spgadvisors.com.

¹ Certification is awarded by National Social Security Association, LLC NSSA® certification requirements require an eight hour educational course from an authorized educational provider encompassing social security benefits and options, and pass an exam administered by The National Underwriter Company. Additionally, eight hours of continuing education every two years is required.

² CFP® professionals have met CFP Board's high standards for education, examination, experience, and ethics. To become a CFP® professional, an individual must fulfill the following requirements:

- Education Earn a bachelor's degree or higher from an accredited college or university and complete CFP Board-approved coursework at a college or university through a CFP Board Registered Program. The coursework covers the financial planning subject areas CFP Board has determined are necessary for the competent and professional delivery of financial planning services, as well as a comprehensive financial plan development capstone course. A candidate may satisfy some of the coursework requirements through other qualifying credentials. CFP Board implemented the bachelor's degree or higher requirement in 2007 and the financial planning development capstone course requirement in March 2012. Therefore, a CFP® professional who first became certified before those dates may not have earned a bachelor's or higher degree or completed a financial planning development capstone course.
- Examination Pass the comprehensive CFP® Certification Examination. The examination is designed to
 assess an individual's ability to integrate and apply a broad base of financial planning knowledge in the context
 of real-life financial planning situations. Experience Complete 6,000 hours of professional experience related
 to the personal financial planning process, or 4,000 hours of apprenticeship experience that meets additional
 requirements.
- Ethics Satisfy the Fitness Standards for Candidates for CFP® Certification and Former CFP® Professionals Seeking Reinstatement and agree to be bound by CFP Board's Code of Ethics and Standards of Conduct ("Code and Standards"), which sets forth the ethical and practice standards for CFP® professionals.
- Individuals who become certified must complete the following ongoing education and ethics requirements to remain certified and maintain the right to continue to use the CFP Board Certification Marks:
 - Ethics Commit to complying with CFP Board's Code and Standards. This includes a commitment to CFP Board, as part of the certification, to act as a fiduciary, and therefore, act in the best interests of the client, at all times when providing financial advice and financial planning. CFP Board may sanction a CFP® professional who does not abide by this commitment, but CFP Board does not guarantee a CFP® professional's services. A client who seeks a similar commitment should obtain a written engagement that includes a fiduciary obligation to the client.
 - Continuing Education Complete 30 hours of continuing education every two years to maintain competence, demonstrate specified levels of knowledge, skills, and abilities, and keep up with developments in financial planning. Two of the hours must address the Code and Standards.

A CFP is a certified financial planner that has a proficiency in risk management, investment, tax, retirement, income and estate planning. They can provide comprehensive services across a broad spectrum of financial planning concerns. The CFP® certification is voluntary. No federal or state law or regulation requires financial planners to hold the CFP® certification. You may find more information about the CFP® certification at www.cfp.net.

³ The ChFC® professional is prepared with the essentials of financial planning, including insurance, income taxation, retirement planning, investments, and estate planning. Study areas include behavioral finance, financial planning for

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families with special needs dependents, small business planning, financial planning for clients in diverse communities, financial planning for divorce, and more.

Requirements for the designation:

- Three years of full-time business experience within the five years preceding the awarding of the designation
- Eight Study Courses;
- Successful completion of exams; and
- Thirty hours of continuing education every two years.

ChFC® credential holders have an in-depth knowledge in :

- The financial planning process, including the role and responsibilities of a financial consultant;
- Risk management strategies, including mitigating the risks associated with insurance, human capital, liability, property, and wealth management;
- Income tax strategies, including planning for deductions, tax credits, capital gains and losses, taxation of life; insurance, annuities, and partnerships, LLCs, corporations, and proprietorships
- Retirement planning strategies, including choosing between and working with SEPs, SIMPLEs, IRAs, Roth IRAs, 403(b), and nonqualified deferred compensation plans;
- Investment strategies, including issues pertaining to return computations, diversification, securities markets, tax issues, portfolio management, and ethical practice;
- Estate and gift-tax planning strategies; and
- Personal financial planning strategies.